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# RHESTR O DERMAU

## GLOSSARY OF TERMS

L2 MYNEDIAD AT SGILIAU AR  
GYFER ASTUDIAETH BELLACH  
(GOFAL IECHYD):  
CYMDEITHASEG

L2 ACCESS TO SKILLS FOR  
FURTHER STUDY  
(HEALTHCARE): SOCIOLOGY

**Sex**  
Biological traits that society associates with being male or female

**Gender**  
Cultural meanings attached to being masculine & feminine, which influence personal identities  
E.g. Man, Woman, Transgender, Intersex, Gender Queer, among others

**Sexuality**  
Sexual attraction, practices & identity which may or may not align with sex and gender  
E.g. Heterosexual, Homosexual (Gay or Lesbian), Bisexual, Queer, among others

Sex, Gender and Sexuality - Sociology Definitions. By OtherSociology.com

## DIWYLLIANT/CULTURE

10 minutes	-	deg munud
5 minutes	-	pum munud
agency of socialisation	-	asiantaeth gymdeithasoli
aggression	-	yмосodiad
aggressor	-	yмосodwr
agreement	-	cytuno / cydweld
anarchist	-	anarchydd
anarchy	-	anarchiaeth
assessment criteria	-	meini prawf asesu
attraction	-	atyniad
behaviour	-	yмddygiad
biological differences	-	gwahaniaethau biolegol
born	-	cynhenid
brilliant	-	bendigedig
complicated	-	cymhleth
comprehensive definition	-	diffiniad cynhwysfawr
conflict	-	gwrthdaro
consensus	-	cydsyniad
consider	-	ystyried
crime	-	trosedd
criminal (s)	-	troseddwr (troseddwyr)
criminal justice system	-	system cyfiawnder troseddol
culture	-	diwylliant
cystic fibrosis	-	ffibrosis cystig
definition	-	diffiniad

difference (s)	-	gwahaniaeth (au)
disagreement	-	anghytundeb
documentary	-	rhaglen ddogfen
empirical	-	empeiraidd
evidence	-	tystiolaeth
evolution	-	esblygiad
exaggerate	-	gorliwio
excellent	-	ardderchog
family	-	teulu
feral children	-	plant gwyllt
fight or flight response	-	ymateb ymladd neu ffoi
functionalism	-	swyddogaetholdeb
gene (s)	-	genyn, genynnau
glossary	-	rhestr termau
historical context	-	cyd-destun hanesyddol
human	-	dynol
Huntington's disease	-	clefyd Huntington
inherited characteristics	-	nodweddion etifeddol
instinct	-	greddf
investigate	-	ymchwilio
journalism	-	newyddiaduriaeth
law	-	cyfraith
learned behaviour	-	ymddygiad hyddysg
made	-	wedi'i wneud
media	-	cyfryngau
nature v. nurture debate	-	dadl natur yn erbyn magwraeth
nature	-	natur, anian (i.e. temperament)

newspaper (s)	-	papur (au) newydd
norm	-	norm
nurture	-	magwraeth
primary socialisation	-	cymdeithasoli cynradd
privatise	-	preifateiddio
Rastafarian	-	Rastaffariad
reality	-	realiti
re-cap	-	ailadrodd
religion	-	crefydd
research	-	ymchwil
similarity	-	tebygrwydd
social depiction	-	darluniad cymdeithasol
socially-acquired characteristics	-	nodweddion a ddatblygir yn gymdeithasol
stereotype	-	ystrydeb
strong (stronger)	-	cryf, cryfach
sub-culture	-	isddiwyllaint
submission dates	-	dyddiadau cyflwyno
support	-	cymorth
teddy boy	-	tedi boi
television	-	teledu
theoretical	-	damcaniaethol
theory (ies)	-	damcaniaeth (au)
to breathe	-	anadlu
to demonstrate	-	arddangos
United Nations	-	Cenhedloedd Unedig
value	-	gwerth
website	-	gwefan

whiteboard	-	bwrdd gwyn
work in pairs	-	gweithiwch mewn parau

### TEULU - FAMILY

adoption	-	mabwysiadu
advantage	-	mantais
Afro-Caribbean	-	Affro-Caribiaidd
anthropologist	-	anthropolegwr
arranged marriage	-	priodas orfodol
aspect	-	agwedd
assessment criteria	-	meini prawf asesu
blended families	-	teuluoedd cymysg
capitalism	-	cyfalafiaeth
causes	-	achosion
collective responsibility	-	cyfrifoldeb cyfunol
collectivist	-	cyfunolydd
communal	-	cymunedol
commune	-	comiwn
concept (s)	-	cysyniad (-au)
conjugal roles	-	rolau priodasol
consequence	-	canlyniad
consisting of	-	yn cynnwys
controversial	-	dadleuol
conventional	-	confensiynol
critical perspective	-	safbwynt beirniadol
different	-	gwahanol

disadvantage	-	anfantais
disapproval	-	anghymeradwyaeth
disciplinarian	-	disgyblwr
discussion (s)	-	trafodaeth (-au)
division of labour	-	rhaniad llafur
dysfunction	-	camweithrediad
extended family	-	teulu estynedig
extent	-	graddau
family	-	teulu
feeling of belonging	-	ymeimlad o berthyn
free labour	-	llafur am ddim
full-time employment	-	cyflogaeth lawn-amser
function	-	swyddogaeth
functionalist	-	swyddogaethwr
gay men	-	dynion hoyw
gender roles	-	rolau rhyw
household	-	cartref
identity	-	adnabod
immigration	-	mewnfudiad
impact	-	effaith
industrialisation	-	diwydiannaeth
influx	-	dylifiad
integrated	-	integredig
irretrievable breakdown	-	ymddatodiad anadferadwy
judgemental	-	beirniadol
kibbutz	-	cibwts
kinship	-	perthynas

lesbian women	-	benywod lesbiaidd
lone parent family	-	teulu un rhiant
marital breakdown	-	ymdatodiad priodasol
marriage	-	priodas
matrifocal/matriarchal	-	matriarchaidd
mixed race	-	hil gymysg
nuclear family	-	teulu cnewyllol
opinion (s)	-	barn
paternity	-	tadolaeth
patrifocal/patriarchal	-	patriarchaidd
patterns	-	patrymau
polyandry	-	amlwriaeth
polygyny	-	amlwreiciaeth
powerful	-	grymus
relationship (s)	-	perthynas (-au)
role-model	-	delfryd ymddwyn
Russian revolution	-	Chwyldro Rwsia
segregated	-	wedi'i wahanu
step-families	-	teuluoedd llys
stigma	-	gwarthnod
structure	-	strwythr, adeiledd
symmetrical family	-	teulu cymesurol
the Russian experiment	-	yr Arbrawf Rwsiaidd
to abolish	-	diddymu
to affect	-	effeithio
to bring up/raise children	-	magu plant
to change	-	newid

to divorce	-	ysgaru
universal family	-	teulu cyffredinol
unmarried	-	dibriod
variety	-	amrywiaeth

### DAMCANIAETHAU'R TEULU - THEORIES OF THE FAMILY

"New Man"	-	"Dyn Newydd"
advice	-	cyngor
application of theory	-	cymhwysiad theori
assertive	-	pendant
attitude	-	agwedd
average	-	cyfartaledd (noun), cyfartalog (adj)
belonging	-	perthyn
biased	-	â thuedd
biological	-	biolegol
causes of marital breakdown	-	achosion o fethiant priodasol
changing roles in relationships	-	newid rolau mewn perthnasau
childcare	-	gofal plant
co-habitation	-	cyd-fyw
commercialization of housework	-	masnacheiddio gwaith tŷ
concept definitions	-	diffiniadau cysyniad
conjugal roles	-	rolau priodasol
cooking	-	coginio
crisis of masculinity	-	argyfwng gwrywdod
decisions	-	penderfyniadau
decline in manufacturing	-	dirwyiad gweithgynhyrchu
décor	-	addurn



dissatisfied	-	anfodlon
domestic subjugation	-	darostgyniad teuluaidd
dysfunctional	-	camweithredol
economic	-	economaidd
emotional health	-	iechyd emosiynol
emotional	-	emosiynol
empowered	-	grymus
equal	-	cyfartal
equality of opportunity	-	cydraddoldeb o ran cyfle
fast food outlets	-	allfeydd bwyd sydyn
fewer than	-	llai na
financial decisions	-	penderfyniadau ariannol
food shopping	-	siopa am fwyd
functionalist views	-	safbwyntiau swyddogaethol
general pattern	-	patrwm cyffredinol
goods	-	nwyddau
harmful	-	niweidiol
hegemony	-	tra-arglwyddiaeth
high status jobs	-	swyddi statws uchel
house-husband	-	gŵr tŷ
housework	-	gwaith tŷ
isolated	-	arunig
joint conjugal roles	-	rolau priodasol ar y cyd
legally defined	-	diffiniedig yn gyfreithlon
leisure time	-	amser hamdden
limited	-	cyfyngedig
little impact	-	fawr ddim effaith

lonely	-	unig
manly	-	gwrol
manners	-	moesau
mass-produced	-	wedi'i fasgynhyrchu
monogamy	-	unwreiciaeth
myth (s)	-	chwedl (-au)
oppressed	-	wedi'i orthrymu
organic analogy	-	cydweddiad organig
polite	-	cwrtais
reproduction	-	atgenhedlu
respectful	-	parchus
retail	-	manwerthu
role allocation	-	dyrannu rolau
role reversal	-	cyfnewid rolau
romantic	-	rhamantus
safety	-	diogelwch
security	-	diogelwch
segregated conjugal roles	-	rolau priodasol wedi'u harwahanu
separate	-	ar wahân
service sector	-	sector gwasanaethau
shelter	-	lloches
societal responses to marriage	-	ymatebion cymdeithasol i briodas
stability	-	sefydlogrwydd
support	-	cefnogi (verb)
	-	cefnogaeth (noun)
the New Right	-	y Dde Newydd
to adhere to rules	-	cadw at reolau

to afford	-	fforddio
to agree	-	cytuno
to chat	-	sgwrsio
to conform	-	cydymffurfio
to fulfil	-	cyflawni, cwblhau
to interview	-	cyfweld
to participate	-	cymryd rhan
to petition for divorce	-	deisebu am ysgariad
to promote health and well-being	-	hybu iechyd a lles
to supply	-	cyflenwi
to survive	-	goroesi
to trust	-	ymddiried
triple shift	-	sifft driphlyg
unemotional	-	anemosiynol
values	-	gwerthoedd
vital organ	-	organ hanfodol
workforce	-	gweithlu