

Certificate in Effective Coaching and Mentoring

Level: 3



Awarding body: ILM

Duration: 8 weeks

Aimed at

This course is suitable for those wishing to gain the knowledge, skills and confidence to effectively coach or mentor people within an organisational context.

Course description & subjects covered

This course enables you to understand the role and responsibilities of effective coaches and mentors and know what it takes to be effective in the role. You will learn how to manage coaching and mentoring processes using recognised models, putting new skills into practice by carrying out supervised coaching and mentoring sessions. In order to continuously improve your skills, you will analyse your coaching or mentoring performance to develop skills and ability.

Through this course, you will cover the following subjects:

Mandatory

- Understanding good practice in coaching with an organisational context
- Understanding good practice in mentoring with an organisational context

Optional Units

- Undertaking and extended period of coaching within and organisational context
- Reflecting on coaching skills within and organisation context

Optional Units (Option 2)

- Undertaking and extended period of mentoring within and organisational context
- Reflecting on mentoring skills within and organisation context

Assessment

This course includes assignment based assessments.

Entry requirements

There are no entry requirements for this course.

Candidates required to provide

NA

Cost

£595.00

Telephone: 01443 663128

Email: bis@cymoedd.ac.uk

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