

Young Carers Policy

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1. Introduction

1.1. Coleg y Cymoedd is committed to supporting young carers to access education. This policy aims to ensure young carers at college are identified at an early stage and offered appropriate support to access the education to which they are entitled.

1.2. A young carer is a child or young person who is helping to look after someone at home. Most are caring for a parent, commonly in a single parent family, but some may be taking responsibility for a sibling, grandparent or other relative. In some instances, a young carer may care for more than one family member.

1.3. The person they look after will have one or more of the following:

- a. Physical disability (including sensory disability)
- b. Learning disability
- c. Mental health problem
- d. Chronic illness
- e. Substance misuse problem

2. Policy Scope

2.1. At Coleg y Cymoedd we believe that all young people have the right to an education, regardless of circumstances at home.

2.2. When a young person looks after someone in their family who has a serious illness, disability or substance misuse problem, they may need a little extra support to help them get the most out of college. Our Young Carers Policy describes how we will support any learner who helps to look after someone at home.

3. Policy Objectives

3.1. Coleg y Cymoedd is committed to:

3.1.1. promoting the education and welfare of 'Young Carers'

3.1.2. ensuring that 'Young Carers' have a voice in issues relating to their education

3.1.3. challenging negative stereotyping and promoting inclusion

3.1.4. targeting support appropriately

3.1.5. ensuring appropriate level of support for parents/carers

4. Policy Implementation

4.1. On disclosure, relevant staff will ensure that Learner and Campus Services are aware in order that the learner receives the appropriate information, advice and guidance.

5. Roles and responsibilities

5.1. Governors

5.1.1. Governors are responsible for ensuring a Young Carer's Policy is in place and procedures relating to that policy are adhered to.

5.1.2. There is a designated member of staff on each campus who will be the named member of staff for Young Carers

5.2 How Coleg Y Cymoedd will support young carers

It is important that confidentiality concerning the reasons for the young person being a carer is shared on a need-to-know basis and in accordance with the wishes of the young person and will:

5.2.1.1. recognise that flexibility may be needed when responding to the needs of the young carer. Available provision includes (but is not limited to):

a. access to telephone

b. negotiable deadlines for homework/coursework

c. arrangements for coursework/homework to be sent home (when needed).

d. access for parents with impaired mobility (ie disabled access, alternative arrangements to recognising sensitivity, Teams, telephone call).

d. access for parents with impaired mobility (disabled access, individual circumstances are always considered).

e. alternative communication options for parents who are

sensory impaired or housebound (telephone, Teams)

5.2.1.2. ensure that attendance of young carers is regularly monitored. Any issues with regards to absence from college or particular lessons are addressed through the designated person working in partnership with Tutors and Welfare and Wellbeing officers/ULP Coaches,

5.2.1.3. will give consideration to alternatives if a young carer is unable to attend college due to their caring commitments,

5.2.1.4. ensure the college is accessible to parents who have mobility and communication difficulties and involves them in parents' evenings,

5.2.1.5. will follow child protection procedures regarding any young carer at risk of significant harm due to inappropriate levels of caring.

5.3. Designated Member of Staff

5.3.1. A designated Director of Learner & Campus Services is responsible to the Vice Principal, Principal and Governors for the implementation and conduct of those policies and liaison with the relevant authorities and will:

5.3.1.1. act as a contact point for all linked agencies, the Local Authority and Social Care and Health and other agencies involved in support for the young person,

5.3.1.2. promote understanding and development of policies and resources to support and include young carers,

5.3.1.3. promote awareness amongst staff of the difficulties and educational disadvantages of young people who are carers,

5.3.1.4. act as an advocate for young carers in touch with the local Young Carers Service and can also put families in touch with other support services,

5.3.1.5. ensure that educational information required for the care planning process/court proceedings and Statutory Reviews is available as required and that if asked, the education perspective can be given at such meetings by the designated member of staff or an appropriate college representative,

5.3.1.6. ensure the college through the designated members of staff, puts in place arrangements to promote effective communication between all those involved with Young Carer,

5.3.1.7. ensure through the designated members of staff that all staff have access to training and information to enable them to recognise the indications that a child/young person has a caring responsibility, as well as increasing their understanding of such responsibilities,

5.3.1.8. ensure that any who are children in need are identified or feel able to ask for help, are listened to and offered direct services and protection, if needed.

5.4. The Young Person

5.4.1. It is important that a child/young person is aware that information is being recorded regarding their personal circumstances. It should be explained that the college, the Social Worker, designated member of staff and the child/young person's parent/carer are working together to promote their education.

5.4.2. It is important to establish the child/young person's view of their circumstances and identify what they want others to know.

6. Related Policies and Procedures, Statements, Guidelines and Legislation

6.1. The National Carers Strategy (1999)

6.2. UN Convention on the Rights of the Child Articles 28 and 29

6.3. The Children Act 1989

6.4. DfES Advice and Guidance to Schools and Local Authorities on Managing Behaviour and Attendance

6.5. Safeguarding Children, Young People and Vulnerable Adults Policy and Procedure

6.6. Single Equality Policy

7. Implications

7.1. A young carer will take on responsibilities to those appropriate to their age and development. A young carer might be providing the main care or share responsibilities with another family member. The caring tasks that a young carer has to deal with can range from:

- a. Nursing care
- b. Personal intimate care
- c. Emotional care
- d. Domestic care

e. Financial care

f. Child care

7.2. Coleg Y Cymoedd acknowledges that there are likely to be young carers among its learners, and that being a young carer can have an adverse effect on a young person's education.

7.3. Because of their responsibilities at home, a young carer might experience:

- a. Being late or absent due to responsibilities at home
- b. Concentration problems, anxiety or worry in college
- c. Emotional distress
- d. Tiredness in college
- e. Lack of time for homework
- f. Poor attainment
- g. Physical problems such as back pain from lifting
- h. False signs of maturity, as a result of assuming adult roles
- i. Behavioural problems (taking out their anger or frustration)
- j. Lack of time for extra-curricular activities
- k. Isolation, embarrassed to take friends home
- l. Limited social skills
- m. Bullying
- n. Feeling that no one understands and that no support is available
- o. Low self esteem

7.4. It also might be difficult to engage their parents (due to fears about the young person being taken into care, fears about their condition being misunderstood or their parenting skills being called into question). They may be unable to attend parents' evenings.

8. Welsh Language

The learner's language choice will be noted and taken into account at all times. If the

learner wishes to use Welsh at any meetings related to their role as a carer, and/or any subsequent support, the College will facilitate, by arranging translation if the meeting cannot be conducted in Welsh.

9. Data Protection and Confidentiality

All learners' personal data is held securely and can be shared with the applicant's consent, in conjunction with the College's policies on Data Protection and Confidentiality.

10. Review of Policy

This Policy will be reviewed every three years.