

Aimed at

This course is ideal for health and social care workers, including:

- **Caregivers:** Those who provide direct care and support to individuals in various settings.
- **Healthcare Professionals:** Nurses, therapists, and other healthcare providers looking to improve their communication skills.
- **Social Workers:** Professionals who support individuals and families in navigating social and health-related challenges.
- **Educators:** Teachers and educational support staff who work with individuals with diverse communication needs.
- **Managers and Supervisors:** Leaders in health and social care settings who wish to foster effective communication within their teams.
- **By participating in the Communicating with Care course, you will gain valuable insights and practical tools to enhance your communication skills, ultimately improving the quality of care and support you provide to those you serve.**

Course Details and Content

Communicating with Care is a comprehensive training programme designed to enhance communication skills among health and social care workers. This course provides an introduction to various communication methods, addresses barriers to effective communication, and offers strategies for managing challenges.

Course Content:

- **Interactive Workshops:** Engaging sessions where participants can practice alternative communication methods and techniques.
- **Barrier Exploration:** In-depth analysis of common communication barriers and practical exercises to develop strategies for overcoming them.
- **Behaviour Management:** Training on how to use communication to manage and mitigate challenging behaviour effectively.
- **Advocacy Training:** Sessions focused on understanding and implementing advocacy principles to support clients.
- **PECs and Symbols:** Practical exercises and demonstrations on using PECs and symbols to facilitate communication.
- **Makaton and Gestures:** Hands-on training in Makaton and gestures, including real-world applications and practice scenarios.
- **Group Activities:** Collaborative exercises designed to foster teamwork and enhance communication skills among participants.
- **Explore case studies to understand experiences**

Further Information

There are no entry requirements and no formal assessments for this course. Learners are asked to wear sensible footwear and clothing.