

TERMAU GOFAL PLANT

CHILDCARE TERMS



Cymraeg/Welsh	English/Saesneg
ABC o ymddygiad	ABC of behaviour
achlust	hearsay
addysg gydadferol	compensatory education
addysg ddargludol	conductive education
adnabyddiaeth	identification
aeddfedrwydd	maturity
aelod staff dynodedig	designated member of staff
alergeddau bwyd	food allergies
amddiffyn plant statudol	statutory child protection
amlieithog	multilingual
amniosentesis	amniocentesis
amnion	amnion
amrywiaeth ddiwylliannol	cultural diversity
anabledd	disability
anawsterau dysgu penodol	specific learning difficulties
anemia	anaemia
anemia crymangell	sickle cell anaemia
anfantais lluosog	multiple disadvantage
anghenion addysgol arbennig	special educational needs
anhwylder / Cyflwr	condition
annibyniaeth	independence
animistiaeth	animism
anymwybodol	unconscious
ar y cefn	supine
arferion gwrth-wahaniaethu	anti-discriminatory practice
arsylliad	observation
asesiad	assessment
asesiad aml-broffesiynol	multi-professional assessment
asesiad sylfaenol	baseline assessment
asid Amino	amino Acid
asma	asthma
atchweliad	regression
atgyfnerthu	reinforcement
atgyrch	reflex
atgyrch cysefin	primitive reflex
awtisiaeth	autism
braster / sebwm	sebum
braster annirlawn	unsaturated fats
brechlyn	vaccine
bronchitis	bronchitis
broncoledydd (lleddfwr)	bronchodilator (reliever)
brych	placenta
bwydo ar alw	demand feeding
bwydo cyflenwol	complementary feeds
byddardod dargludol	conductive deafness
byddardod nerf	nerve deafness

cadwraeth	conservation
calori	calorie
canlyniad dysgu	learning outcome
canolbwytio	concentration
capilariau	capillaries
cefndir diwylliannol	cultural background
cenhedliad	conception
chwarae cydweithredol	co-operative play
chwarae cysylltiadol	associative play
chwarae Paralel	parallel play
chwarae rôl	role play
chwarae unigol	solitary play
chwilfrydedd	curiosity
clefyd melyn	jaundice
clefyd coeliag	coeliac Condition
clefyd siwgr	diabetes
cofrestr amddiffyn plant	child protection register
confylsiynau gwres	febrile convulsions
contract	contract
creadigedd	creativity
Cwricwlwm Cenedlaethol	National Curriculum
cwricwlwm cudd	hidden curriculum
cwsg gorffwysol dwys	deep relaxing sleep (DRS)
cydwybod	conscience
cyfaniad	contraction
cyfartaledd	average
cyfathrebu di-eiriau	non-verbal communication
cyfeirio	referral
cyfnod magu	incubation period
Cyfnod Sylfaen	foundation Stage
cyfrinachol	confidential
cylchred fislifol	menstrual cycle
cymdeithas amlddiwylliannol	multi-cultural society
cymdeithas aml-allu	multi-ability society
cymdeithasoli	socialisation
cymhareb	ratio
cyn genhedlu	preconception
cynhenid	congenital
Cynllun Addysg Unigol	Individual Education Plan
cynllun addysgu gartref Portage	Portage home teaching scheme
cynhadledd amddiffyn plant cychwynnol	initial child protection conference
cynhwysol	inclusive
cyraeddadwy	accessible
cysondeb	consistency
dadl natur a magwraeth	nature-nurture debate
daliad	tenet

damcaniaeth	hypothesis
dannedd sugno	milk teeth
datblygiad corfforol	physical development
datblygiad cymdeithasol	social development
datblygiad emosiynol	emotional development
datblygiad gwybyddol	cognitive development
datblygiad ieithyddol	language development
datblygiad motor	motor development
Datganiad Anghenion Addysgol Arbennig	Statement of Special Educational
datgelu (camdriniaeth)	disclosure (of abuse)
datrys problemau	problem-solving
deddfwriaeth	legislation
deddfwriaeth diogelwch	safety legislation
delfryd ymddwyn	role model
deorydd	incubator
diddyfну	weaning
dilyniant	continuity
diganoli	decentre
digwyddiadau seicopathig	psychopathic events
diwylliant	culture
doliau sydd yn gywir yn anatomaidd	anatomically correct dolls
dos	dose
dos cyfnerthol	booster
dull proffesiynol	professional approach
dwyieithog	bilingual
dychymyg	imagination
dyletswydd statudol	statutory duty
dynwared	imitate
dysgu drwy gynnig a gwella	trial-and-error learning
dysgu mynd i'r toiled	toilet training
edema	oedema
edrych a dweud	look and say
egosentrig	egocentric
egwyddor	principle
eiriolaeth	advocacy
embryo	embryo
emosiynau cymdeithasol	social emotions
empathi	empathy
enwresis	enuresis
ensym	enzyme
epilepsy	epilepsy
esgeulustod	omission
esgor	labour
fasgwlar	vascular
fitamin braster-hydawdd	fat-soluble vitamin
ffagosytosis	phagocytosis
ffetws	foetus

ffibrosis cystig	cystic fibrosis
ffoneg	phonics
ffontanél blaen	anterior fontanelle
fflworin	fluoride
ffrwynyn	frenulum
gafael pinsiwrn	pincer grasp
gafael treipod cynnar	primitive tripod grasp
galar	grief
gallu greddfol	innate ability
gefel fain	forceps
glwten	gluten
gofal amgen	substitute care
gofal dydd	day care
gofal preswyl	residential care
gofal seibiant	respite care
gofid ymwahanu	separation distress
gorchymyn Amddiffyn Argyfwng	emergency Protection Order
gorthrwm	oppression
goruchaf	paramount
grant meithrinfa	nursery grant
greddf	instincts
grŵp economaidd-gymdeithasol	socio-economic group
grŵp ethnig	ethnic group
grŵp lleiafrif ethnig	ethnic minority group
grymuso plant	empower children
gwaedlifau blaen pin	pinpoint haemorrhages
gwahaniaethu	differentiate
gwahaniaethu	discrimination
gwasanaeth statudol	statuary service
gwasanaethau cartref	domiciliary services
gwasanaethau gwirfoddol	voluntary services
gwasanaethau preifat	private services
gwefus neu daflod holtt	cleft lip or palate
gweithdrefn	procedure
gweithiwr allweddol	key worker
gweithred bositif	positive action
gweithrediad y teulu	function of the family
gweithred gwirfoddol	voluntary action
gwerthoedd	values
gwrthgonfylsiol	anti-convulsant
gwrthgorff	antibody
gwyntyllu artiffisial	artificial Ventilation
hawliau plant	eights of children
hemoffilia	haemophilia
haemoglobin	haemoglobin
hunan-barch	self-esteem
hunan-dderbyniol	self-acceptance

hunan-eiriolaeth	self-advocacy
hunanddelwedd bositif	positive self-image
hunanddelwedd negative	negative self-image
hunanddibyniaeth	self-reliance
hunanfodlonrwydd	self-approval
hunaniaeth bersonol	personal identity
hunansyniad (neu hunanddelwedd)	self-concept (or self-image)
hunanwerth	self-worth
hunanimwybodol	self-awareness
hydroseffalws	hydrocephalus
hyfyw	viable
hylendid	hygiene
hylif yr ymennydd	cerebro-spinal fluid
hypoglycemia (diffyg siwgr)	hypoglycaemia
iaith arwyddion Prydain	british sign language (BSL)
imiwnedd	immunity
imiwnedd goddefol	passive immunity
imiwnedd gweithredol	active immunity
inswlin	insulin
isymwybod	subconscious
jargon	jargon
labelu	labelling
lefel datblygiad	developmental level
lleoli	localising
lleoli	orientate
llety oddi gartref	accommodation away from home
llid y glust	otitis media
llosgadwy	flammable
llwyddiant	achievement
llyfr damweiniau	accident book
llythrennedd	literacy
Lwfans Ceisio Gwaith	Job Seekers' Allowance
maetholyn	nutrient
magl tlodi	poverty trap
Makaton	Makaton
melanocytau	melanocytes
mesuriadau normadol	normative measurements
metabolig	metabolic
methiant i brifio	failure to thrive
mewnblannu	implantation
mewnoli	internalise
milia 'sbotiau llaeth'	milia 'milk spots'
model cymdeithasol	social model
model meddygol	medical model
morddwyd	femur
mudo	migration

myctod geni	birth asphyxia
mygfa	suffocation
nam clyw	hearing impairment
nam golwg	visual impairment
nam motor	motor impaired
nam synhwyraidd	sensory impairment
newid ymddygiad	behaviour modification
nodau dysgu cynnar	early learning goals
norm	norm
oed cronolegol	chronological age
oesoffagws	oesophagus
oestrogen	oestrogen
ofwm	ovum
organau cenhedu	genital
osgo	posture
parasite	parasite
sefydlogrwydd gwrthrych	object permanence
parlys yr ymennydd	cerebral palsy
partneriaeth gyda rhieni	partnership with parents
pathogenau	pathogens
pelfis	pelvis
peripatetig	peripatetic
plant mewn angen	children in need
plentyn-ganolog	child-centred
plentyn newydd-anedig	neonate
polisi	policy
polisiau cyfleoedd cyfartal	equal opportunities policies
prawf difyrrwch	distraction test
prawf modd	means test
prif system nerfol	central nervous system
progesterone	progesterone
proses	process
protein anghyflawn	incomplete protein
protein cyflawn	complete protein
pryder rhag dieithriad	stranger anxiety
Pwyllgor Ardal Amddiffyn Plant	Area Child Protection Committee
rhagfarn	prejudice
rheoliadau	regulations
rhesymwaith	rationale
rhwygiadau	lacerations
rhwystrydd	preventer
rhyw	gender
rôl gymdeithasol	social role
rôl benodedig	prescribed roles
sach stori	story sack
sacrwm	sacrum

sancsiynau	sanction
sector gwirfoddol	voluntary sector
seicolegol	psychological
serch	affection
sgema	schema
sgil	skill
sgiliau byw annibynnol	independent life skills
sgiliau motor bras	gross motor skills
sgiliau motor mân	fine motor skills
siart canraddol	percentile chart
spina bifida	spina bifida
statws cymdeithasol	social status
stereoteipio	stereotyping
Strategaeth Gofal Plant Cenedlaethol	National Childcare Strategy
Strategaeth Llythrennedd Cenedlaethol	National Literacy Strategy
Strategaeth Rifedd Cenedlaethol	National Numeracy Strategy
symboleiddiaeth	tokenistic
syndrom Down	Down's syndrome
syndrom gofid	distress syndrome
syrthni	lethargy
targedau cyrhaeddiad	attainment targets
teulu cnewyllol	nuclear family
teulu geni	family of origin
teulu matriarchaidd	matriarchal family
teulu patriarchaidd	patriarchal family
theorïau biolegol	biological theories
theorïau datblygiad	theories of development
theorïau dysgu	learning theories
tlodi cymharol	relative poverty
tlodi llwyr	absolute poverty
tocsin	toxin
tollau	customs
tor-orweddol	prone
toriad cesaraidd	caesarean
trefn amser gwely	bedtime routine
treuliad	digestion
trosglwyddo	transition
trothwy o dderbynoldeb	threshold of acceptability
trwy brofiad	experiential
tymor	term
unigedd cymdeithasol	social isolation
ymarferwyr adlewyrchol	reflective practitioners
ymddygiad	behaviour
ymdeimlad o berthyn	belonging
ymlusgo'r pen	head lag
ymlyniad	attachment

ymchwiliad (i amheuaeth o gam-drin)	enquiry (into suspected abuse)
ymsymudiad	locomotion
ymwelydd iechyd	health visitor
ymwybyddiaeth ofodol	spatial awareness
ymwybyddiaeth gaeth / gwyliadwrusrwydd caeth	frozen awareness/ frozen watchfulness
ysgogiad	stimulus
ysgrifennu cynnar	emergent writing
ystum adferol	recovery position

English/Saesneg

ABC of behaviour
absolute poverty
accessible
accident book
accommodation away from home
achievement
active immunity
advocacy
affection
amino acid
amniocentesis
amnion
anaemia
anatomically correct dolls
animism
anterior fontanelle
antibody
anti-convulsant
anti-discriminatory practice
Area Child Protection Committee
artificial ventilation
assessment
associative play
asthma
attachment
attainment targets
autism
average
baseline assessment
bedtime routine
behaviour
behaviour modification
belonging
bilingual
biological theories
birth asphyxia
booster
British sign language (BSL)
bronchitis
bronchodilator (reliever)
caesarean
calorie
capillaries
central nervous system
cerebral palsy
cerebro-spinal fluid
child protection register

Cymraeg/Welsh

ABC o ymddygiad
tlodi llwyr
cyraeddadwy
llyfr damweiniau
llety oddi gartref
llwyddiant
imiwnedd gweithredol
eiriolaeth
serch
asid amino
amniosentesis
amnion
anemia
doliau sydd yn gywir yn anatomaidd
animistiaeth
ffontanél blaen
gwrthgorff
gwrthgonfylsiol
arferion gwrth-wahaniaethu
Pwyllgor Ardal Amddiffyn Plant
gwyntyllu artifisiai
asesiad
chwarae cysylltiadol
asma
ymlyniad
targedau cyrhaeddiad
awtistiaeth
cyfartaledd
asesiad sylfaenol
trefn amser gwely
ymddygiad
newid ymddygiad
ymdeimlad o berthyn
dwyieithog
theorïau biolegol
myctod geni
dos cyfnerthol
iaith arwyddion Prydain
bronritis
broncoledydd (lleddfwr)
toriad cesaraidd
calori
capilarïau
prif system nerfol
parlys yr ymennydd
hylif yr ymennydd
cofrestr amddiffyn plant

child-centred	plentyn-ganolog
children in need	plant mewn angen
chronological age	oed cronolegol
cleft lip or palate	gwefus neu daflod holll
coeliac condition	clefyd coeliag
cognitive development	datblygiad gwybyddol
compensatory education	addysg gydadferol
complementary feeds	bwydo cyflenwol
complete protein	protein cyflawn
concentration	canolbwytio
conception	cenhedliad
condition	anhwylder / cyflwr
conductive deafness	byddardod dargludol
conductive education	addysg ddargludol
confidential	cyfrinachol
congenital	cynhenid
conscience	cydwybod
conservation	cadwraeth
consistency	cysondeb
continuity	dilyniant
contract	contract
contraction	cyfangiad
co-operative play	chwarae cydweithredol
creativity	creadigedd
cultural background	cefndir diwylliannol
cultural diversity	amrywiaeth ddiwylliannol
culture	diwylliant
curiosity	chwilfrydedd
customs	tollau
cystic fibrosis	ffibrosis cystig
day care	gofal dydd
decentre	diganoli
deep relaxing sleep (DRS)	cwsg gorffwysol dwys
demand feeding	bwydo ar alw
designated member of staff	aelod staff dynodedig
developmental level	lefel datblygiad
diabetes	clefyd siwgr
differentiate	gwahaniaethu
digestion	treuliad
disability	anabledd
disclosure (of abuse)	datgelu (camdriniaeth)
discrimination	gwahaniaethu
distraction test	prawf difyrrwch
distress syndrome	syndrom gofid
domiciliary services	gwasanaethau cartref
dose	dos
Down's syndrome	syndrom Down
early learning goals	nodau dysgu cynnar
egocentric	egosentrig

embryo	embryo
emergency protection order	gorchymyn amddiffyn argyfwng
emergent writing	ysgrifennu cynnar
emotional development	datblygiad emosiynol
empathy	empathi
empower children	grymuso plant
enquiry (into suspected abuse)	ymchwiliad (i amheuaeth o gam-drin)
enuresis	enwresis
enzyme	ensym
epilepsy	epilepsi
equal opportunities policies	polisiau cyfleoedd cyfartal
ethnic group	grŵp ethnig
ethnic minority group	grŵp lleiafrif ethnig
experiential	trwy brofiad
failure to thrive	methiant i brifio
family of origin	teulu geni
fat-soluble vitamin	fitamin braster-hydawdd
febrile convulsions	confylsiynau gwres
femur	morddwyd
fine motor skills	sgiliau motor mân
flammable	llosgadwy
fluoride	fflworin
foetus	ffetws
food allergies	alergeddau bwyd
forceps	gefel fain
foundation stage	cyfnod sylfaen
frenulum	ffrwynyn
frozen awareness/ frozen watchfulness	ymwybyddiaeth gaeth / gwyliadwrusrwydd caeth
function of the family	gweithrediad y teulu
gender	rhyw
genital	organau cenhedlu
gluten	glwten
grief	galar
gross motor skills	sgiliau motor bras
haemoglobin	hemoglobin
haemophilia	hemoffilia
head lag	ymlusgo'r pen
health visitor	ymwelydd iechyd
hearing impairment	nam clyw
hearsay	achlust
hidden curriculum	cwricwlwm cudd
hydrocephalus	hydroseffalws
hygiene	hylendid
hypoglycaemia	hypoglycemia (diffyg siwgr)
hypothesis	damcaniaeth
identification	adnabyddiaeth

imagination	dychymyg
imitate	dynwared
immunity	imiwnedd
implantation	mewnblannu
inclusive	cynhwysol
incomplete protein	protein anghyflawn
incubation period	cyfnod magu
incubator	deorydd
independence	annibyniaeth
independent life skills	sgiliau byw annibynnol
individual education plan	cynllun addysg unigol
initial child protection conference	cynhadledd amddiffyn plant cychwynnol
innate ability	gallu greddfol
instincts	greddf
insulin	inswlin
internalise	mewnoli
jargon	jargon
jaundice	clefyd melyn
job seekers' allowance	lwfans ceisio gwaith
key worker	gweithiwr allweddol
labelling	labelu
labour	esgor
lacerations	rhwysiadau
language development	datblygiad ieithyddol
learning outcome	canlyniad dysgu
learning theories	theoriâu dysgu
legislation	deddfwriaeth
lethargy	syrthni
literacy	llythrennedd
localising	lleoli
locomotion	ymsymudiad
look and say	edrych a dweud
makaton	makaton
matriarchal family	teulu matriarchaidd
maturity	aeddfedrwydd
means test	prawf modd
medical model	model meddygol
melanocytes	melanocytau
menstrual cycle	cylchred fisflifol
metabolic	metabolig
migration	mudo
milia 'milk spots'	milia 'sbotiau llaeth'
milk teeth	dannedd sugno
motor development	datblygiad motor
motor impaired	nam motor
multi-ability society	cymdeithas aml-allu
multi-cultural society	cymdeithas amlddiwlliannol

multilingual	amlieithog
multiple disadvantage	anfantais lluosog
multi-professional assessment	asesiad aml-broffesiynol
National Childcare Strategy	Strategaeth Gofal Plant Cenedlaethol
National Curriculum	Cwricwlwm Cenedlaethol
National Literacy Strategy	Strategaeth Llythrennedd Cenedlaethol
National Numeracy Strategy	Strategaeth Rifedd Cenedlaethol
nature-nurture debate	dadl natur a magwraeth
negative self-image	hunanddelwedd negatif
neonate	plentyn newydd-anedig
nerve deafness	byddardod nerf
non-verbal communication	cyfathrebu di-eiriau
norm	norm
normative measurements	mesuriadau normadol
nuclear family	teulu cnewylol
nursery grant	grant meithrinfa
nutrient	maetholyn
object permanence	sefydlogrwydd gwrthrych
observation	arsylliad
oedema	edema
oesophagus	oesoffagws
oestrogen	oestrogen
omission	esgeulustod
oppression	gorthrwm
orientate	lleoli
otitis media	llid y glust
ovum	ofwm
parallel play	chwarae paralel
paramount	goruchaf
parasite	parasit
partnership with parents	partneriaeth gyda rhieni
passive immunity	imiwnedd goddefol
pathogens	pathogenau
patriarchal family	teulu patriarchaidd
pelvis	pelfis
percentile chart	siart canraddol
peripatetic	peripatetig
personal identity	hunaniaeth bersonol
phagocytosis	ffagosytosis
phonics	ffoneg
physical development	datblygiad corfforol
pincer grasp	gafael pinsiwrn
pinpoint haemorrhages	gwaedlifau blaen pin
placenta	brych

policy	polisi
portage home teaching scheme	cynllun addysgu gartref portage
positive action	gweithred bositif
positive self-image	hunanddelwedd bositif
posture	osgo
poverty trap	magl tlodi
preconception	cyn genhedlu
prejudice	rhagfarn
prescribed roles	rôl benodedig
preventer	rhwystrydd
primitive reflex	atgyrch cysefin
primitive tripod grasp	gafael treipod cynnar
principle	egwyddor
private services	gwasanaethau preifat
problem-solving	datrys problemau
procedure	gweithdrefn
process	proses
professional approach	dull proffesiynol
progesterone	progesteron
prone	tor-orweddol
psychological	seicolegol
psychopathic events	digwyddiadau seicopathig
ratio	cymhareb
rationale	rhesymwaith
recovery position	ystum adferol
referral	cyfeirio
reflective practitioners	ymarferwyr adlewyrchol
reflex	atgyrch
regression	atchweliad
regulations	rheoliadau
reinforcement	atgyfnerthu
relative poverty	tlodi cymharol
residential care	gofal preswyl
respite care	gofal seibiant
rights of children	hawliau plant
role model	delfryd ymddwyn
role play	chwarae rôl
sacrum	sacrwm
safety legislation	deddfwriaeth diogelwch
sanction	sancsiynau
schema	sgema
sebum	braster / sebwm
self-acceptance	hunan-dderbyniol
self-advocacy	hunan-eiriolaeth
self-approval	hunanfodlonrwydd
self-awareness	hunanimwybodol
self-concept (or self-image)	hunansyniad (neu hunanddelwedd)

self-esteem	hunan-barch
self-reliance	hunanddibyniaeth
self-worth	hunanwerth
sensory impairment	nam synhwyraidd
separation distress	gofid ymwahanu
sickle cell anaemia	anemia crymangell
skill	sgil
social development	datblygiad cymdeithasol
social emotions	emosiynau cymdeithasol
social isolation	unigedd cymdeithasol
social model	model cymdeithasol
social role	rôl gymdeithasol
social status	statws cymdeithasol
socialisation	cymdeithasoli
socio-economic group	grŵp economaidd-gymdeithasol
solitary play	chwarae unigol
spatial awareness	ymwybyddiaeth ofodol
special educational needs	anhenion addysgol arbennig
specific learning difficulties	anawsterau dysgu penodol
spina bifida	spina bifida
statement of special educational needs	datganiad anhenion addysgol arbennig
statuory service	gwasanaeth statudol
statutory child protection	amddiffyn plant statudol
statutory duty	dyletswydd statudol
stereotyping	stereoteipio
stimulus	ysgogiad
story sack	sach stori
stranger anxiety	pryder rhag dieithriad
subconscious	isymwybod
substitute care	gofal amgen
suffocation	mygfa
supine	ar y cefn
tenet	daliad
term	tymor
theories of development	theorïau datblygiad
threshold of acceptability	trothwy o dderbynoldeb
toilet training	dysgu mynd i'r toiled
tokenistic	symboleiddiaeth
toxin	tocsin
transition	trosglwyddo
trial-and-error learning	dysgu drwy gynnig a gwella
unconscious	anymwybodol
unsaturated fats	braster annirlawn
vaccine	brechlyn
values	gwerthoedd
vascular	fasgwlar
viable	hyfyw
visual impairment	nam golwg

voluntary action
voluntary sector
voluntary services
weaning

gweithred gwirfoddol
sector gwirfoddol
gwasanaethau gwirfoddol
diddyfnu